

## **CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY**

### **Annual Report on celebration of National- International Days AY2018-19**

#### **1. Women Education Day**

13<sup>th</sup> July is considered as International Women's Education Day. Aim to celebrate this Day is to Spread Awareness for Women's Education. The milestone to be reached is the basic information for a girl child in every family education will during awareness among the society which will further result in overall development of nation and its community. To honor womanhood education, Charusat NSS Unit had celebrated the International Women's Education Day on 13th July, 2018 in the Charusat campus.



Language lab, I2IM buiding, 13 July-2018

## 2. Independence Day

CHARUSAT has organized the celebration of Independence Day on 15<sup>th</sup> August at CHARUSAT every year. 72<sup>th</sup> was celebrated at CHARUSAT Campus with sense of pride and patriotism. The celebration was organised with a view to pay tribute to freedom fighters and foster spirit of patriotism in the students and all citizens of the nation. Flag hoisting ceremony was organised at central lawn. Provost, Registrar, Advisors, Dy. Registrar, Deans of Faculties, Principals of constituent Institutes of CHARUSAT, Heads of various Departments and Centres, Faculty members, Administrative staff, students as well as students and teachers of nearby rural schools attended the ceremony.



Central Lawn, CHARUSAT campus, 15<sup>th</sup> August 2018



Central Lawn, CHARUSAT campus, 15<sup>th</sup> August 2018

### **3.National Blind Flag Day**

A celebration of National Blind People's Week was organised at CHARUSAT campus September 14, 2018 with a view to spread awareness about blind people, their need, ability and possible ways to assist them live like normal people in the society. NSS Volunteers motivated the students and staff of CHARUSAT to donate for the noble cause of helping the blind people study and their rehabilitation through posters and short film show.





I2IM Auditorium, September 14, 2018

#### 4. National Unity Day

As a part of celebration of National Unity Day that is the Birth Anniversary of Shri Sardar Patel, CHARUSAT organises Run For Unity every year. CHARUSAT organises Run for Unity on National Unity Day on 31<sup>st</sup> October, 2018 to a view to spread awareness about Unity, Integrity and Fitness following views of Sardar Patel. Run for Unity was organised under Fit India Movement. Fit India Movement is a nation-wide movement in India to encourage people to remain healthy and fit by including physical activities and sports in their daily lives.



CHARUSAT- Valetva Road, 31<sup>st</sup> October, 2018

#### 5. Voters day

National Voter's Day on 25<sup>th</sup> January was observed at CHARUSAT Campus by with a view to encourage more young voters to take part in the political process. It has been started from January 26, 2011 to mark Commission's foundation day. In order to effectively deal with this problem, the Election Commission had decided to take up a vigorous exercise to identify all eligible voters attaining the age of 18 years as of January 1 every year in each of the 8.5 lakh polling stations across the country. NSS Units of constituent institutes of CHARUSAT



organised pledge Taking Ceremony across campus at different venues across the campus. Students, Faculty members and administrative as well as non- teaching staff also participated.



I2IM Seminar Room, 25<sup>th</sup> January 2019

## **6. International Women's Day**

International Women's Day is celebrated on March 8 every year. As a part of celebration, CHARUSAT organized Yoga session for female students. The essential purpose of yoga is to bring together body, mind and spirit into a harmonious whole. The central methods of yoga are physical postures or 'asanas' and movement, breathing techniques or 'pranayama' and meditation. To create awareness among students about Yoga. To enable to have good health concern to mental hygiene, emotional stability, moral values and consciousness.



RPCP Square, 8<sup>th</sup> March,2019

## **7. World Osteoporosis day**

World Osteoporosis day was celebrated on 22<sup>nd</sup> October,2018. On this day community camp was focused on spreading awareness regarding the importance of osteoporosis screening and prevention of osteoporosis. Demonstration sessions on the techniques of various exercise forms to prevent bone loss and maintain bone strength were included as a part of camp. Weight training program, flexibility exercise, general fitness exercise and yoga postures were demonstrated. Bone healthy diet charts were also explained.



CHARUSAT Medical Outreach Centre, Anand, 22<sup>nd</sup> October, 2018

## 8. National Science Day

Every year, National Science Day is celebrated on February 28, to mark the discovery of the Raman effect by Indian physicist Sir CV Raman. It was organized by P.D Patel Institute of Applied sciences, CHARUSAT on 28<sup>th</sup> February, 2019. The scientific presentation competition was conducted for the undergraduate and post graduate students in three different areas as (i) Nobel prize in Physics (ii) Nobel Prize in chemistry and Nobel Prize in physiology or medicine. The 1<sup>st</sup> ranker from each department was nominated for state level GSA-INSA competition on scientific presentations on Nobel prizes for the year 2019 to be held at department of Physics, Gujarat University, Ahmedabad.



PDPIAS Auditorium, February, 2019



## 9. Anaesthesia Technician Day

The department of Operation theater and Anesthesia Technology, Charotar Institute of Paramedical Sciences celebrated the Anesthesia Technician Day 2019 on 1 st April 2019 by the effective presence and participation of Dr. Hemlata Kamat, Professor at Pramukh Swami Medical College, Karamsad. Dr. Hemalata Kamat gave an eminent talk on “Recent advances in Anesthesia”. She briefly explained the recent anesthetic drugs in use in clinical care practice. Our BOTAT students actively participated in Poster Presentation, Skit for CPR and making Video addressing role of healthcare personnel in emergency situation.



Medical Laboratory, MTIN, 1 st April 2019

## **10. International Day for the Preservation of the Ozone Layer**

CHARUSAT celebrated “International Day for the Preservation of the Ozone Layer” on 17th September, 2018. The United Nations (UN) International Day for the Preservation of the Ozone Layer is celebrated on September 16 every year. This event commemorates the date from the signing of the Montreal Protocol on Substances that deplete the Ozone Layer in 1987. We would like to conduct slogan writing competition and digital art competition conveying the following theme.

- i. Plastic waste management and ozone layer protection
- ii. Caring for all life under the Sun
- iii. Ozone layer depletion and Health Problems
- iv. Go green

## **11. National Nutritional week celebration**

Every year the first week of September is celebrated as National Nutrition Week with an objective to enhance nutritional status of people towards healthy living. Good nutrition includes protein, carbohydrate, fat, vitamins & minerals. Having good nutrition is very important for keeping yourself healthy, improve immunity, provide constant energy, keeps you young and fit, keep away from various chronic illness etc. To keep these objectives, CHARUSAT organized Out Door BMI (Body Mass Index) Counselling on 8<sup>th</sup> September, 2018 Nutrition Laboratory, First Floor, MTIN-CHARUSAT.

## **12. World Organ Donation Week**

Sharing with you awareness posts of Celebration of World Organ Donation Week in Charotar region. As part of these celebrations, an Awareness Lecture has been organized at CHARUSAT on 10<sup>th</sup> August, 2018 at Venue: Auditorium, RPCP Building.